

# Getting You Back in the Game

## *Therapeutic Solutions for Injuries and Pain*



AMRG's individualized rehabilitative treatment plans are designed to return patients to comfort and the highest functional level. Over the years Dr. DiBlasio has treated competitive and recreational athletes for *sports injuries, disc herniations and spinal stenosis, neck and back injuries, muscle, nerve and joint disorders*. Therapies can help decrease inflammation and swelling, increase circulation, reduce pain, and enhance muscle relaxation. Non-invasive treatments might include: *Physical and Rehabilitation Therapy, Trigger Point Injections/Joint Injections, Medical Acupuncture, and Massage Therapy*.

AMRG provides individualized, physician-supervised physical and rehabilitation therapies such as *exercise instruction, neck/back rehabilitation, and various ice, heat, electrical treatments, and cold-laser technology*. *Massage and myofascial therapy* is offered for total relaxation of muscle and mind. *Medical Acupuncture* is often used for acute and chronic pain management and is performed solely by Dr. Gary DiBlasio, who is a trained medical acupuncturist.

### **Sports Medicine is a Specialty**

**Dr. Gary DiBlasio** has specialized in sports medicine for over 15 years, treating both professional athletes, amateurs and those enjoying a favorite pastime. He is a Diplomate of the American Academy of Sports Physicians and Member of the American College of Sports Medicine. He has served as Medical Staff supervisor of amateur and professional athletic events, including the Bud Light World Beach Invitational Professional Beach Volleyball Olympic Qualifying Tournament.

AMRG's goal is to help patients return to their maximum level of function. For more information, call today, or stop by our offices.

**Advanced Medical Rehabilitation Group**  
*Pain & Injury Specialists*

•5500 Village Boulevard, Suite 101

West Palm Beach, FL 33407

•1807 South Kanner Hwy., Stuart, FL 34994

**561.684.6565 • Fax 561.684.3467**

**[www.amrg.net](http://www.amrg.net)**

Medicare and most insurance plans accepted.

