

Medical Acupuncture ...

What's it All About?



“At first I was skeptical about medical acupuncture, but it was amazing how the pain in my knee diminished so quickly after my session with Dr. DiBlasio.” – Karen Stearns, patient

Medical acupuncture is a method of encouraging the body to promote natural healing and to improve functioning. This is done by inserting needles and applying heat or electrical stimulation at very precise acupuncture points. The **modern scientific explanation of medical acupuncture** is that *needling the acupuncture points stimulates the nervous system to release chemicals in the muscles, spinal cord, and brain. These chemicals will either change the experience of pain, or they will trigger the release of other chemicals and hormones which influence the body's own internal regulating system.*

The World Health Organization recognizes the use of medical acupuncture in the treatment of a wide range of medical problems.

While medical acupuncture is often associated with pain control, in the hands of a well-trained practitioner it has much broader applications. Medical acupuncture is particularly helpful in treating post-surgical and chronic pain and/or prior to intervention. This treatment is also useful in resolving physical problems related to tension and stress and emotional conditions.

Dr. Gary DiBlasio is a trained medical acupuncturist through U.C.L.A. He personally performs all acupuncture treatments. He is one of the few medical physicians who perform this procedure. Dr. DiBlasio is past president of the Florida Chapter of the American Academy of Medical Acupuncture.

Call AMRG today to find out how medical acupuncture treatment can help you.

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